## 2013 Eagle Invitational

## **Oregon Clay High School**

Head Coach: Scott Wamer Assistant Head Coach: John Galyas

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Welcome to the 32st annual Eagle Invitational. The meet will be held at Oregon Clay High School on Friday May 10<sup>th</sup>, 2013. A time schedule is attached.

Note that all entries are done online.

**Teams:** Amherst Steele, Anthony Wayne, Liberty Benton, Oregon Clay, Sylvania

Northview, Sylvania Southview, St. Francis, St. Ursula and Whitmer.

**Entries:** Entries will be done online at <a href="https://www.baumspage.com">www.baumspage.com</a>. Entries will open 8:00am

Sunday April 21st, 2013 and entries will close 5:00pm Wednesday May 8th,

2013. Scratches will be made in the Coaches Meeting Friday.

**Prelims:** Two equally seeded heats will be set up in the 100-110 M Hurdles, 100 M Dash

and 200 M Dash. The top three finishers and the next two fastest times from each of the two heats will qualify for the finals. Two sections will be run in the 300 M Hurdles and 400 M Dash. The 8 competitors with the fastest submitted times will

compete in the second section. Please be accurate with the times that you

submit.

**Facilities:** We have an 8-lane all weather track, with all-weather surfaces on the jumping

surfaces as well. Please use 1/8 or 1/4 inch spikes only. Also, no chalk is to be used for marking. Tape is acceptable for the jumps, and tennis balls (provided)

should be used for the relays. Please supply your own batons.

**Meeting:** There will be a short coaches' meeting at 3:30pm under the stadium (finish line

side). There will also be a hospitality room with food and snacks for all the

coaches and workers in this area.

<u>Camps:</u> All team camps will be in the East stands or North grassy area.

**Implement weigh-ins:** Shot and Discus weigh-ins will begin at 3:00 pm in the training room.

**Scoring:** We will score 6 places 10-8-6-4-2-1

**T Shirts:** Genuine "Eagle Invitational" Nike Performance T-Shirts will be available.

**Awards:** There will be team awards for champion and runner-up. First place finishers will

receive plaques. Medals will be awarded for second and third place.

Good Luck,

Scott Wamer, Meet Manager